

Girls Inc. of Greater Los Angeles

### IN THIS REPORT

Thank you for your participation in the 2017 Girls Inc. Strong, Smart, and Bold Outcomes Survey (SSBOS). The data collected through your affiliate's hard work will be highly valued as we continue to provide all girls with a high quality Girls Inc. Experience.

Attached are the survey results associated with the girls who took the survey at **Girls Inc. of Greater Los Angeles.** The answer choices for each question are included within each table. Two surveys were administered: Youth (Ages 9-12) and Teen (Ages 13 and up). If a question was only asked of one survey age group, it will be indicated in the title of each question group. Questions asked of both survey age groups will provide counts, valid percentages, and totals for each group individually as well as both age groups together.

During the data cleaning process, girls who chose not to take the survey (did not give assent) or reported answering the survey questions dishonestly were removed from the final dataset. In 2017, 0 Girls Inc. of Greater Los Angeles records were removed for lack of assent, and 10 for honesty.

The report begins with aggregated demographic data retrieved from the TraxSolutions system, followed by data tables representing each survey topic/question. The tables display the counts (frequencies) and percentage of responses to each question and are arranged within five sections: Demographics, Strong, Smart, Bold, and the Essential Elements of the Girls Inc. Experience. Below is a glossary of useful terminology to help you navigate the data tables.

Please keep in mind, the data contained within this report represent the views and behaviors of the girls who participated in the survey, and cannot be generalized as those of all girls at your affiliate or of all girls across the Girls Inc. network.

We hope you will use these results to promote staff development, enhance programming, as well as improving and communicating the success of the Girls Inc. Experience.

**COUNT:** The number of occurrences or frequencies of each survey response.

VALID N PERCENT: The proportion of each survey response, not including missing responses.

**(SYSTEM) MISSING:** Missing counts in the Demographic section reflects information that has not been entered in the TraxSolutions system.

**MISSING:** Even if asked, not all girls answered all questions. User missing includes the number of participants who were asked the question but chose not to answer.

QUESTIONS? Please contact the Research & Evaluation Department at research@girlsinc.org

# EMOGRAPHICS

### **Organization or Site**

		Count	Column Valid N %
OrgOrSite	Girls Inc. of Greater Los Angeles	165	100.0%

### Which Survey?

		Count	Column Valid N %
	Teen	6	3.6%
survey was taken?	Youth	159	96.4%
	Total	165	100.0%

### Age Groups

		Count	Column Valid N %	Missing
Age Groups	9-11	156	94.5%	
	12-14	9	5.5%	
	15 and older	0	0.0%	
	Total	165		0

### **Grade in School**

		Count	Column Valid N %	Missing
Grade in school	Kindergarten	0	0.0%	
	1st	0	0.0%	
	2nd	1	0.6%	
	3rd	21	13.2%	
	4th	72	45.3%	
	5th	57	35.8%	
	6th	0	0.0%	
	7th	4	2.5%	
	8th	4	2.5%	
	9th	0	0.0%	
	10th	0	0.0%	
	11th	0	0.0%	
	12th	0	0.0%	
	Total	159		6

### Race and Ethnicity

		Count	Column Valid N %	Missing
Race	AAPI	0	0.0%	
	Black	15	12.3%	
	Hispanic	105	86.1%	
	Multiracial	2	1.6%	
	Native American/Aboriginal	0	0.0%	
	White	0	0.0%	
	Total	122		43
Ethnicity	Not Hispanic	16	13.3%	
	Hispanic	104	86.7%	
	Total	120		45

### **Household Type**

		Count	Column Valid N %	Missing
Household Type	Father only	2	1.6%	
	Mother only	37	29.8%	
	Neither parent	0	0.0%	
	One parent	0	0.0%	
	One parent at a time (joint custody)	4	3.2%	
	Two parents	76	61.3%	
	Other	5	4.0%	
	Total	124		41

### Language

		Count	Column Valid N %	Missing
Language	English	20	83.3%	
	Spanish	4	16.7%	
	French	0	0.0%	
	Hmong	0	0.0%	
	Nuer	0	0.0%	
	Swahili	0	0.0%	
	Vietnamese	0	0.0%	
	Other	0	0.0%	
	Total	24		141

# STRONG

### Exercise & Sports Teams (Youth & Teen)

		Count	Column Valid N %	Missing
On how many days in	'0 days'	10	6.2%	
the last week, did you exercise?	'1 day'	14	8.7%	
exercise?	'2 days'	22	13.7%	
	'3 days'	18	11.2%	
	'4 days'	23	14.3%	
	'5 days'	19	11.8%	
	'6 days'	9	5.6%	
	'7 days'	46	28.6%	
	Total	161		4
In the past year, how	'0 teams'	43	26.4%	
many sports team were you a member of?	'1 team'	50	30.7%	
	'2 teams'	37	22.7%	
	'3 or more teams'	33	20.2%	
	Total	163		2

### Nutritional Habits (Youth & Teen)

		Count	Column Valid N %	Missing
In the past 24 hours,	'0 times'	16	9.8%	
how many times did	'1 time'	28	17.1%	
you eat fruit?	'2 times'	41	25.0%	
	'3 times'	18	11.0%	
	'4 times'	9	5.5%	
	'5 or more times'	52	31.7%	
	Total	164		1
In the past 24 hours,	'0 times'	39	24.4%	
how many times did	'1 time'	26	16.3%	
you eat vegetables?	'2 times'	24	15.0%	
	'3 times'	20	12.5%	
	'4 times'	15	9.4%	
	'5 or more times'	36	22.5%	
	Total	160		5
In the past 24 hours, how many times did you drink soda?	'0 times'	54	33.3%	
	'1 time'	51	31.5%	
	'2 times'	24	14.8%	
	'3 times'	10	6.2%	
	'4 times'	4	2.5%	
	'5 or more times'	19	11.7%	
	Total	162		3
In the past 24 hours,	'0 times'	58	35.6%	
how many times did	'1 time'	58	35.6%	
you eat meal or snack from a fast food restaurant?	'2 times'	8	4.9%	
	'3 times'	11	6.7%	
	'4 times'	6	3.7%	
	'5 or more times'	22	13.5%	
	Total	163		2

### Nutritional Habits (Youth & Teen)

		Count	Column Valid N %	Missing
In the past 24 hours,	'0 times'	34	21.0%	
how many times did	'1 time'	39	24.1%	
you drink a glass of milk?	'2 times'	33	20.4%	
	'3 times'	17	10.5%	
	'4 times'	12	7.4%	
	'5 or more times'	27	16.7%	
	Total	162		3
In the past 24 hours,	'0 times'	66	41.0%	
how many times did	'1 time'	37	23.0%	
you eat snacks from vending machines or	'2 times'	22	13.7%	
convenience stores?	'3 times'	10	6.2%	
	'4 times'	8	5.0%	
	'5 or more times'	18	11.2%	
	Total	161		4

### Fresh Foods Indicator (Consumed two or more servings of fruit, vegetables, and dairy in the 24 hours prior to the SSBOS.) (Youth & Teen)

		Count	Column Valid N %	Missing
Healthy Diet (2 servings each of vegetables, fruit, and dairy)	Did not consume recommended fresh foods.	96	61.5%	
	Consumed recommended fresh foods.	60	38.5%	

### Fresh Foods Indicator (Consumed two or more servings of fruit, vegetables, and dairy in the 24 hours prior to the SSBOS.) (Youth & Teen)

	Count	Column Valid N %	Missing
Total	156		9

### Breakfast (Youth & Teen)

		Count	Column Valid N %	Missing
Did you eat breakfast this morning?	'No'	35	21.3%	
	'Yes'	129	78.7%	
	Total	164		1

### Body Image (Youth & Teen)

		Count	Column Valid N %	Missing
It is important to be	'Strongly Agree'	16	10.0%	
pretty.	'Agree'	33	20.6%	
	'Disagree'	64	40.0%	
	'Strongly Disagree'	47	29.4%	
	Total	160		5
I am happy with how	'Strongly Disagree'	6	3.8%	
my body looks.	'Disagree'	16	10.1%	
	'Agree'	54	34.0%	
	'Strongly Agree'	83	52.2%	
	Total	159		6
I want to look like the	'Strongly Agree'	15	9.5%	
girls and women I see on TV.	'Agree'	32	20.3%	
OII IV.	'Disagree'	50	31.6%	
	'Strongly Disagree'	61	38.6%	
	Total	158		7
Have you ever gone	No	96	60.4%	
on a diet to change	Yes, to lose weight	46	28.9%	
the way you look?	Yes, to gain weight	3	1.9%	
	Yes, to gain muscle	14	8.8%	
	Total	159		6

### Risky Behaviors: Ever used Cigarettes, Alcohol, Marijauana (Youth & Teen)

		Count	Column Valid N %	Missing
Have you ever	No	157	96.9%	
smoked a cigarette?	Yes	5	3.1%	
	Total	162		3
Have you ever drunk	No	161	99.4%	
beer, wine, or other alcohol?	Yes	1	0.6%	
alcorior?	Total	162		3
Have you ever smoked marijuana	No	162	98.8%	
	Yes	2	1.2%	
(pot, grass, weed)?	Total	164		1

### **SECTION WORKSHEET**

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## SMART

### Academic Engagement (Youth & Teen)

		Count	Column Valid N %	Missing
I care about doing well	None of the time	1	0.6%	
in school.	Some of the time	7	4.2%	
	Most of the time	12	7.3%	
	All of the time	145	87.9%	
	Total	165		0
I like to learn new	None of the time	0	0.0%	
things.	Some of the time	7	4.2%	
	Most of the time	32	19.4%	
	All of the time	126	76.4%	
	Total	165		0
If something interests	None of the time	0	0.0%	
me, I try to learn more.	Some of the time	8	4.8%	
	Most of the time	39	23.6%	
	All of the time	118	71.5%	
	Total	165		0
I finish all of my	None of the time	1	0.6%	
homework.	Some of the time	10	6.1%	
	Most of the time	41	25.0%	
	All of the time	112	68.3%	
	Total	164		1
When I get bad	None of the time	136	83.4%	
grades, I give up.	Some of the time	15	9.2%	
	Most of the time	4	2.5%	
	All of the time	8	4.9%	
	Total	163		2
I can do even the	None of the time	6	3.7%	
hardest homework if I	Some of the time	18	11.2%	
try.	Most of the time	40	24.8%	
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### Academic Engagement (Youth & Teen)

	Count	Column Valid N %	Missing
All of the time	97	60.2%	
Total	161		4

### Educational Aspirations (Youth & Teen)

		Count	Column Total N %	Missing
How far in school do you think you will get?	I will probably finish high school, but not sure	16	9.7%	
	I will definitely get a GED, but thats all	0	0.0%	
	I will definitely graduate high school, but thats all	3	1.8%	
	I will probably graduate college, but not sure	14	8.5%	
	I will definitely graduate college, but thats all	16	9.7%	
	I will probably go to graduate school to get a Masters, Medical Degree, Law Degree, or doctorate, but not sure	23	13.9%	

### Educational Aspirations (Youth & Teen)

	Count	Column Total N %	Missing
I will definitely go to graduate school to get a Masters, Medical Degree, Law Degree, or doctorate	90	54.5%	
Total	162		3

### English & Math Grades (Youth & Teen)

		Count	Column Valid N %	Missing
Thinking back over the	Mostly Fs	3	1.8%	
last year in school,	Mostly Ds	3	1.8%	
what were your grades like in English,	Mostly Cs	9	5.5%	
Reading, or Language	Mostly Bs	36	21.8%	
Arts?	Mostly As	73	44.2%	
	We do not get grades at my school	3	1.8%	
	Grades at my school are different	38	23.0%	
	Total	165		0
Thinking back over the	Mostly Fs	3	1.9%	
last year in school,	Mostly Ds	4	2.6%	
what were your grades like in Math?	Mostly Cs	13	8.4%	
	Mostly Bs	38	24.7%	
	Mostly As	65	42.2%	
	We do not get grades at my school	2	1.3%	

### English & Math Grades (Youth & Teen)

	Count	Column Valid N %	Missing
Grades at my scho are different	ool 29	18.8%	
Total	154		11

### Science Grades (Teen Only)

		Count	Column Valid N %	Missing
Thinking back over the	Mostly F's	2	33.3%	
last year in school, what were your grades	Mostly D's	0	0.0%	
like in Science?	Mostly C's	2	33.3%	_
	Mostly B's	2	33.3%	_
	Mostly A's	0	0.0%	_
	We do not get grades at my school	0	0.0%	
	Grades at my school are different	0	0.0%	
	Total	6		159

### Grades Compared to Peers (Youth & Teen)

		Count	Column Valid N %	Missing
Are your grades better	No	12	7.3%	
than most students' in your class?	Not sure	92	55.8%	
your class?	Yes	60	36.4%	
	We don't get grades at my school	1	0.6%	
	Total	165		0

### School Subject Interest (Youth & Teen)

		Count	Column Valid N %	Missing
I think reading is fun	Strongly Disagree	5	3.1%	
and interesting.	Disagree	7	4.4%	
	Agree	68	42.8%	
	Strongly Agree	79	49.7%	
	Total	159		6
I think math is fun and	Strongly Disagree	4	2.5%	
interesting.	Disagree	14	8.7%	
	Agree	59	36.6%	
	Strongly Agree	84	52.2%	
	Total	161		4
I think science is fun	Strongly Disagree	3	1.9%	
and interesting.	Disagree	11	6.9%	
	Agree	45	28.3%	
	Strongly Agree	100	62.9%	
	Total	159		6

### STEM Interest (Youth & Teen)

		Count	Column Valid N %	Missing
I find math and/or science fun and interesting.	Not Interested	3	1.9%	
	Interested	158	98.1%	
	Total	161		4

### **SECTION WORKSHEET**

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### Stands Up for Self and Others (Youth & Teen)

		Count	Column Valid N %	Missing
I stand up for myself	None of the time	13	8.1%	
without putting others	Some of the time	20	12.4%	
down.	Most of the time	52	32.3%	
	All of the time	76	47.2%	
	Total	161		4
I help to make sure all	None of the time	6	3.7%	
people are treated	Some of the time	19	11.8%	
fairly.	Most of the time	47	29.2%	
	All of the time	89	55.3%	
	Total	161		4
I stick up for someone	None of the time	11	6.7%	
who is being picked	Some of the time	22	13.5%	
on.	Most of the time	46	28.2%	
	All of the time	84	51.5%	
	Total	163		2
I do what I believe is	None of the time	11	6.9%	
right, even if my	Some of the time	11	6.9%	
friends make fun of me.	Most of the time	40	25.2%	
	All of the time	97	61.0%	
	Total	159		6

### Ability to Bounce Back (Youth & Teen)

		Count	Column Valid N %	Missing
I bounce back quickly when things do not go my way.	None of the time	38	23.9%	
	Some of the time	38	23.9%	
	Most of the time	41	25.8%	
	All of the time	42	26.4%	
	Total	159		6

### Future Mindedness (Youth & Teen)

		Count	Column Valid N %	Missing
When I make a	Not at all like me	8	5.0%	
decision, I consider	A little like me	40	25.0%	
the impact it will have on my future.	A lot like me	57	35.6%	
y	Exactly like me	55	34.4%	
	Total	160		5
I think about who I will	Not at all like me	3	1.9%	
be when I am older.	A little like me	19	11.9%	
	A lot like me	30	18.8%	
	Exactly like me	108	67.5%	
	Total	160		5
I am hopeful about my	Not at all like me	1	0.6%	
future.	A little like me	10	6.4%	
	A lot like me	37	23.6%	
	Exactly like me	109	69.4%	
	Total	157		8

### Leadership (Youth & Teen)

		Count	Column Valid N %	Missing
I am good at leading	'Not at all like me'	8	4.9%	
others to reach a goal.	'A little like me'	48	29.4%	
	'A lot like me'	51	31.3%	
	'Exactly like me'	56	34.4%	
	Total	163		2
My peers consider me	'Not at all like me'	21	13.3%	
a leader.	'A little like me'	55	34.8%	
	'A lot like me'	38	24.1%	
	'Exactly like me'	44	27.8%	
	Total	158		7
I am usually the one	'Not at all like me'	12	7.5%	
who suggests activities to my friends.	'A little like me'	53	33.1%	
	'A lot like me'	41	25.6%	
	'Exactly like me'	54	33.8%	
	Total	160		5

### Self-Regulation (Youth & Teen)

		Count	Column Valid N %	Missing
When I get angry or	'All of the time'	27	17.0%	
frustrated, I lose my	'Most of the time'	29	18.2%	
temper.	'Some of the time'	55	34.6%	
	'None of the time'	48	30.2%	
	Total	159		6
When a friend says	'None of the time'	27	17.0%	
something mean to	'Some of the time'	48	30.2%	
me, I get over it quickly.	'Most of the time'	41	25.8%	
quiotily.	'All of the time'	43	27.0%	
	Total	159		6
I lose control when I	'All of the time'	8	5.0%	
do not get my way.	'Most of the time'	11	6.9%	
	'Some of the time'	42	26.4%	
	'None of the time'	98	61.6%	
	Total	159		6
If someone	'All of the time'	29	18.5%	
disrespects me I need	'Most of the time'	15	9.6%	
to get even.	'Some of the time'	46	29.3%	
	'None of the time'	67	42.7%	
	Total	157		8

### Bullying Behaviors (Youth & Teen)

		Count	Column Valid N %	Missing
During the past year,	'0 times'	115	69.7%	
how many times have	'1 time'	18	10.9%	
you hit or pushed other kids when you	'2 times'	13	7.9%	
were not playing	'3 or more times'	19	11.5%	
around?	Total	165		0
During the past year,	'0 times'	75	45.7%	
how many times have other kids hit or	'1 time'	31	18.9%	
pushed you when they	'2 times'	22	13.4%	
were not playing	'3 or more times'	36	22.0%	
around?	Total	164		1
During the past year,	'0 times'	86	52.4%	
how many times have you said mean things	'1 time'	39	23.8%	
about other kids or	'2 times'	18	11.0%	
called them bad	'3 or more times'	21	12.8%	
names?	Total	164		1
During the past year,	'0 times'	48	29.3%	
how many times have other kids said mean	'1 time'	30	18.3%	
things about you or	'2 times'	23	14.0%	
called you bad	'3 or more times'	63	38.4%	
names?	Total	164		1

### **SECTION WORKSHEET**

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### Mentoring Relationships (Youth & Teen)

		Count	Column Valid N %	Missing
There are adults at	Strongly Disagree	8	4.9%	
Girls Inc. I can depend	Disagree	0	0.0%	
on to help me.	Agree	46	28.2%	
	Strongly Agree	109	66.9%	
	Total	163		2
There are adults at	Strongly Disagree	5	3.1%	
Girls Inc. who I	Disagree	3	1.9%	
respect.	Agree	40	24.7%	
•	Strongly Agree	114	70.4%	
	Total	162		3
Adults at Girls Inc.	Strongly Disagree	6	3.8%	
listen to what I have to	Disagree	3	1.9%	
say.	Agree	47	29.4%	
	Strongly Agree	104	65.0%	
	Total	160		5
There are adults at	Strongly Disagree	8	5.0%	
Girls Inc. who help me	Disagree	2	1.2%	
think about my future.	Agree	55	34.2%	
	Strongly Agree	96	59.6%	
	Total	161		4

### Pro-Girl, Girls-Only Environment (Youth & Teen)

		Count	Column Valid N %	Missing
At Girls Inc., girls learn	'Strongly Disagree'	11	6.8%	
to make a difference in the world.	'Disagree'	4	2.5%	
the world.	'Agree'	37	23.0%	
-	'Strongly Agree'	109	67.7%	
-	Total	161		4
At Girls Inc., I get the	'Strongly Disagree'	18	11.3%	
chance to be a leader.	'Disagree'	14	8.8%	
-	'Agree'	71	44.7%	
-	'Strongly Agree'	56	35.2%	
-	Total	159		6
Being at Girls Inc. has	'Strongly Disagree'	9	5.6%	
helped me think about	'Disagree'	6	3.7%	
my future.	'Agree'	55	34.0%	
-	'Strongly Agree'	92	56.8%	
-	Total	162		3
I feel safe at Girls Inc.	'Strongly Disagree'	7	4.3%	
-	'Disagree'	3	1.8%	
-	'Agree'	41	25.0%	
	'Strongly Agree'	113	68.9%	
	Total	164		1

### Intentional Programming (Youth & Teen)

		Count	Column Valid N %	Missing
At Girls Inc., girls do not have enough time to do what they want to do.  At Girls Inc., girls never get a chance to create and build things.	'Strongly Agree'	21	12.9%	
	'Agree'	34	20.9%	
	'Disagree'	56	34.4%	
	'Strongly Disagree'	52	31.9%	
	Total	163		2
	'Strongly Agree'	18	11.0%	
	'Agree'	12	7.4%	
	'Disagree'	43	26.4%	
	'Strongly Disagree'	90	55.2%	
	Total	163		2
Programs and activities at Girls Inc. are disorganized.	'Strongly Agree'	8	5.0%	
	'Agree'	12	7.5%	
	'Disagree'	44	27.5%	
	'Strongly Disagree'	96	60.0%	
	Total	160		5
Adults at Girls Inc.	'Strongly Disagree'	7	4.3%	
have good ideas for	'Disagree'	1	0.6%	
activities.	'Agree'	49	30.2%	
	'Strongly Agree'	105	64.8%	
	Total	162		3

### Interactive Activities (Youth & Teen)

		Count	Column Valid N %	Missing
At Girls Inc., girls are	'Strongly Disagree'	9	5.6%	
given a chance to help	'Disagree'	8	5.0%	
decide the programs and activities we do.	'Agree'	71	44.4%	
	'Strongly Agree'	72	45.0%	
	Total	160		5
At Girls Inc., girls work together on projects and activities.	'Strongly Disagree'	6	3.7%	
	'Disagree'	2	1.2%	
	'Agree'	52	31.7%	
	'Strongly Agree'	104	63.4%	
	Total	164		1
At Girls Inc., I get to	'Strongly Disagree'	6	3.7%	
try new things.	'Disagree'	2	1.2%	
	'Agree'	48	29.8%	
	'Strongly Agree'	105	65.2%	
	Total	161		4

### **SECTION WORKSHEET**

	RESTING FINDINGS
2.	
3.	
4.	
5	
J.	
IEX	T STEPS
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1.	T STEPS
1.	T STEPS
<ol> <li>2.</li> </ol>	T STEPS
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